



## R-2500 RUSSIAN STIM

*Russian EMS is a unique form of electro-stimulation, originally developed by the Russian Olympic team for muscle strength and muscle mass enhancement.*

*Quite different from conventional EMS frequencies, the R-2500 Russian Stim offers a very unique Symmetrical Biphasic Square wave form combined with a higher frequency of 2500 Hz that is designed to stimulate motor nerves while offering deeper muscle penetration and a more complete/stronger contraction of the muscle fibers.*

*Russian muscle stimulation is now a favorite and commonly used for muscle strengthening, muscle spasms & edema (swelling from fluid) reduction.*



- *R-2500 Russian Stim, Analog.*
- *Dual Channels Isolated.*
- *Waveform: Symmetrical Biphasic Square.*
- *Carrier Frequency: 2500 Hz Fixed.*
- *Difference Frequency: 1-70 Hz Adjustable.*
- *Amplitude/Intensity Adjustment: 1-8.*
- *Pulse Width: 200 Microseconds (Adjustable).*
- *Contraction & Relaxation Time: Continuous or Adjustable (10 to 45 Seconds).*
- *Power Output: 38 Volts (Peak to Peak) in Bipolar Mode; Otherwise 28 Volts in Quadpole*
- *Includes: Stimulator, Lead Wires, 1 Package of Self-Adhesive Electrodes, 110V US AC-DC Power Adapter, 9 Volt Battery, Soft Carrying Pouch, Instruction Manual.*

